

Reset is trauma informed and uses a strength-based approach

Reset can support in drug testing

Reset is about doing with someone and not against them

Reset takes into account Adverse Childhood Experiences

DONNA JONES

**POLICE & CRIME COMMISSIONER**

HAMPSHIRE & ISLE OF WIGHT

## CONTACT US

If you would like to speak to a member of our team, please call us on:

Southampton, Eastleigh & New Forest  
**Jennifer Symington**  
07719 065606

Basingstoke, Rushmoor, Hart Test Valley & Winchester  
**Lauren Cox**  
07719 065626

Portsmouth, Havant, East Hampshire, Gosport & Fareham  
**Debra Lowman**  
07500 778525

Isle of Wight  
**To Be Confirmed**

Email your referrals to :

Email **Reset@ssjames.cjsm.net**

Head Office: The Society of St James  
125 Albert Road South, Southampton, SO14 3FR  
A Company limited by guarantee and registered in England No. 03009700.  
Housing Association No. LH4337. Registered Charity No. 1043664.  
Phone: 023 8063 4596



We are here to support 18-25 year olds build a healthy, rewarding and crime-free life.

# RESET NAVIGATORS

Young adulthood can be a challenging time for 18 - 25 year old young adults. It's a time of developmental milestones, often accompanied with a lack of maturity and poor decisions.



# HOW WE HELP

Those arrested and taken into Police Custody will be made aware of RESET and asked if they would be interested in a meeting with a RESET Navigator. Navigators can also offer support directly from point of arrest in Police Custody.

RESET will use a trauma informed approach to forge a rapport with engagement focusing on a strengths based assessment to build on the positive elements of an individual to engage and divert away from the criminal justice system.

A co-produced plan will be developed looking after their needs across the 7 Pathways to offending:

- Drug & Alcohol
- Accommodation
- Education, Training, Employment
- Debt & Finance
- Children & Families
- Health
- Attitudes, Thinking & Behaviour



# PROVIDING SOMETHING DIFFERENT

*Experience has taught us that in order to engage this cohort of individuals, incentives and activities are key. Each area will have it's own personalised budget which will allow navigators to 'spot purchase' activities eg gym membership, that are not already available through other means. Navigators will be ACE's aware and work with the individuals to build trust and a safe space, which includes choice, collaboration and empowerment.*



We understand how difficult this work can be, but we've supported many people to change their lives for the better.