Willow missing direct work programme

Created by The Willow Team, HCC.

This document is for Young People completing the programme. Professionals, please familiarise yourself with the PowerPoint sessions prior to delivering.

**Session 1 Activity 1 –**

|  |  |  |  |
| --- | --- | --- | --- |
| **NOT FEELING LOVED OR CARED FOR AT HOME** | **GETTING MONEY** | **EXCITMENT** | **UNHAPPY WITH CARE PLACEMENT** |
| **NO PRIVACY/SPACE** | **BEING THREATENED** | **ARGUEING WITH FAMILY AT HOME** | **FEELING LONELY** |
| **SUBSTANCE OR ALCOHOL MISUSE AT HOME** | **HAVING FUN** | **BEING ALLOWED TO PARTIES** | **NEW RELATIONSHIPS** |
| **GETTING NEW THINGS – CLOTHES/GIFTS** | **BEING BULLIED BY PEERS AT SCHOOL** | **NEW EXPERIENCES** | **BEING ABLE TO USE THE INTERNET** |
| **FEELING IMPORTANT** | **A PLACE TO FEEL INCLUDED** | **NEW FRIENDS** | **NOT LIKING THE RULES AT HOME** |

**Session 1 Activity 1 –**

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| --- | --- | --- | --- |
| **PARENTS/CARERS FIGHTING** | **VISTING PEOPLE OTHERS DEEM UNSUITABLE** | **ONLINE FRIENDS** | **SIBLING CONFLICT** |
| **NOT ENOUGH FOOD** | **SEEKING INDEPENDANCE** | **ACCESS TO DRUGS/ALCOHOL** | **WANTING TO BE WITH FAMILY** |
| **WANTING TO FIT IN** | **EXPERIENCING LOTS OF MOVE / PLACEMENTS** | **MENTAL HEALTH** | **LOTS OF UNKNOWN VISITORS COMING IN AND OUT OF HOME** |

**Session 1 - Activity 2 – Missing Mind Map**

**What are some of the risks associated with going missing?**

**Session 2 - Activity 1 – Stages of Grooming**

The person will become a more established individual in the child’s life where it feels like this is a loving relationship but in reality, they are offering the young person new harmful experiences. For example, through lowering their sexual inhibitions or introducing alcohol and or substances.

Targeting

Stage

The child will begin to feel wanted, included, protected, and respected by the person - now feeling they are friends. The groomer may make friends by being making them feel special, spending time with them or giving them gifts

The child may feel dependent on the person and feel there is no easy way out. They feel they cant tell a safe adult because they are isolated from family and friends and may feel guilt, shame, or fear. The child may be victim to physical, sexual abuse or criminal exploitation.

When a child is chosen specifically due to their vulnerabilities to meet someone else’s needs.

Trusted

Relationship Stage

Abusive

Relationship Stage

Friendship

Forming Stage

**Session 2 - Activity 2 –Grooming Statements**

Targeting Stage –

Friendship Forming Stage –

Trusted Relationship Stage-

Abusive Relationship Stage –

|  |  |  |  |
| --- | --- | --- | --- |
| **SHOW OFF THEIR LIFESTYLE TO TRY AND IMPRESS YOU** | **BUYS YOU EXPENSIVE GIFTS** | **PHYSICAL ABUSE** | **TRIES TO GET YOU TO TRY THINGS YOU WOULDN’T USUALLY** |
| **YOU ARE SCARED OF SAYING NO TO THEM** | **MAKES YOU FEEL LIKE THE MOST IMPORTANT PERSON IN THEIR LIFE** | **RELATIONSHIP BECOMES SEXUAL** | **GIVES YOU PRAISE** |
| **MAKES YOU FEEL SAFE BECAUSE OF THEM** | **FEELING CONFUSED ABOUT THE RELATIONSHIP** | **USES YOUR FRIENDS TO GET TO KNOW YOU** | **THREATENS YOUR FAMILY** |
| **SHOUTING AND SWEARING** | **USES INFO THEY HAVE LEARNT ABOUT YOU** | **SHARES EXPERIENCES SIMILAR TO YOURS** | **OFFERS YOU HELP – A PLACE TO STAY, MONEY OR FOOD ETC** |
| **FEEL LIKE YOU OWE THEM SOMETHING**  | **LOOKS FOR VULNERABILITIES TO USE AGAINST YOU** | **MAKES PROMISES BUT LETS YOU DOWN** | **THREATENS YOU WITH WEAPONS** |
| **LOOKS OUT FOR PEOPLE THEY CAN TAKE ADVANTAGE OF** | **GIVES YOU COMPLIMENTS** | **SPENDS TIME WITH YOU AND GIVES YOU ATTENTION** | **THREATENS TO HURT TO KILL THEMSLVES** |

**Session 3 - Activity 1 – True or False**

1. Child sexual exploitation can affect any child/young person) under the age of 18 years, including 16 and 17 year olds who can legally consent to have sex
2. Child sexual exploitation doesn’t count when the child/young person enjoys getting gifts in return
3. The abuse can be perpetrated by individuals or groups, males or females, and children or adults
4. The child or young person will always know if they are being exploited
5. The abuse can only take place in person
6. The abuse can be a one-off occurrence or a series of incidents over time
7. The abuse must involve physical sexual contact
8. Child sexual exploitation is not exploitation if the child/young person is being offered love, affection, attention or protection
9. The abuse can take place at home
10. The abuser can be a trusted friend/person/adult
11. Child sexual exploitation is never the victim’s fault, even if there is some form of exchange

**Session 3 - Activity 2 – CSE Indicators**

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| --- | --- | --- |
| NEW CLOTHES/SHOES - EXPENSIVE | MAKING THEMSELVES LOOK NICE | ISOLATING THEMSELVES FROM FRIENDS/FAMILY |
| GOING MISSING | HAVING HICKIES ON THEIR NECK | SEEING FRIENDS REGULARLY |
| BEING SECRETIVE WITH THEIR PHONE | LOOKING STRESSED OR ANXIOUS ON THE PHONE | DRESSING INAPPROPRIATLEY FOR OCCASION/ACTIVITY |
| GETTING PREGNANT | SMOKING OR DRINKING MORE THAN USUAL  | MISSING SCHOOL |
| HAVING OLDER FRIENDS | NOT INTRODUCING YOU TO THEIR NEW BOYFRIEND/PARTNER | GETTING INTO CARS WITH ADULTS YOU DON’T KNOW |
| BEING MORE SEXUAL THAN USUAL IN CASUAL SETTINGS | GETTING FOOD DELIVERED TO THEM FOR FREE | BRAGGING ABOUT GETTING FREE VAPES |

Session 4 - **Activity 1 – Indicators of CCE**

|  |  |  |
| --- | --- | --- |
| NEW CLOTHES/ITEMS - EXPENSIVE | INCREASED USE OF CANNABIS OR OTHER DRUGS | BEING SECRETIVE |
| BEING SCARED | INCREASED ANXIETY | HANGING OUT WITH FRIENDS |
| CYCLING WITH MATES | BEING OBSESSED WITH BACKPACK OR BAG | GETTING THE TRAIN EVERYWHERE |
| GOING MISSING | ANSWERING PHONE IMMEDIATLEY AND GETTING RESTLESS WHEN BEING CALLED | GETTING INTO FIGHTS/SCRAPS |
| MISSING SCHOOL | HANGING OUT WITH OLDER PEOPLE | ISOLATING THEMSELVES FROM FRIENDS/FAMILY |
| PLAYING DRILL MUSIC | GETTING INTO CARS WITH ADULTS YOU DON’T KNOW | HAVING LOTS OF MONEY |

**Session 4 - Activity 2 – County Lines/Local Drug Networks Crossover**

DRUG DEBTS

CANNABIS DEALING

THEFT

ORGANISED FIGHTS

BURNER PHONES

ELDERS BASED IN BIG CITIES

County Lines

TRAP HOUSES

WEAPONS

VIOLENCE

MISSING SCHOOL

MONEY

STATUS

PEER ON PEER VIOLENCE

Local Drug Network

LOCAL DRUG DEALING

NEW CLOTHES

TRAIN LINES

PHONE LINES BETWEEN CITIES & RURAL AREAS

ANTI-SOCIAL BEHAVIOUR

**Session 4 - Activity 3 – County Lines True or False**

1. County Lines is when someone moves drugs to rural areas outside of big cities like London or Birmingham
2. There is no risk in “Going Country” if you are smart about it
3. You **PERSONALLY** can make loads of money from dealing Class A’s like crack cocaine and heroin
4. ‘Trap houses’ are places where you can chill or party without any risk or danger
5. If police seize money or drugs from you, the elders will understand
6. The elders will be there to support you no matter what
7. It is ok to carry a knife if it is only used for self-defence
8. County Lines always involves trains
9. Local Drug Networks never involve children

Answers

1 – true

2 – fales

3 – false

4 – false

5 – false

6 – false

7 – false

8 – false

9 – false

10 – false

**Session 5 - Activity 2 – What Can I Do…**

What can I do to be safe when I leave the house in the daytime?

**Session 5 - Activity 2 – What Can I Do…**

What can I do to be safe when I leave the house at night-time?

**Session 5 - Activity 2 – What Can I Do…**

How can I keep myself safe in the community?

**Session 5 - Activity 2 – What Can I Do…**

How can I keep myself safe online (especially social media)?

**Session 5 - Activity 3 – Travelling**

|  |  |
| --- | --- |
| What’s the safest way to travel? |  |
| How do I check if a taxi is legal & registered? |  |
| How much does my transport normally cost? |  |
| Do I usually have this amount on me? |  |
| Who is safe to get in a car with? |  |

**Session 5 - Activity 4 – Using Substances/Alcohol**

|  |  |
| --- | --- |
| How do I know when I’m drunk? |  |
| What ways can I stop myself getting too drunk or too out of it? |  |
| What are my limits? |  |
| Do I decide what I am going to drink/take before I go out? |  |
| How do I know I have had too much? How can I stop that? |  |
| How can I make sure no one spikes my drink? |  |
| Are there certain things I shouldn’t take/drink together? |  |

**Session 5 - Activity 5 – Peers**

|  |  |
| --- | --- |
| How do I know that I can trust someone? |  |
| Does age matter? |  |
| How do I know how old people are? |  |
| Are there things I will do different when I am with strangers compared with people I know really well? |  |
| How can I make sure I stay with my friends? |  |
| Are there people around who don’t make me feel safe? |  |
| What can I do if things change and I suddenly don’t feel safe? |  |

**Session 5 - Activity 6 – Where Am I?**

|  |  |
| --- | --- |
| How can I make sure I can leave when I want? |  |
| What can I do if I’m told I’m not allowed to leave? |  |
| Are there places I know are not safe?  |  |
| How do I know where I am at all times? |  |

**Session 5 - Activity 7 – What Am I Doing?**

|  |  |
| --- | --- |
| If I don’t want to join in with what people are doing how can I say no? |  |
| Are there things I know I am not safe doing? |  |
| How can I get out of unsafe environments? |  |

**Session 5 - Activity 8 – People At Home/Placement**

|  |  |
| --- | --- |
| How can I make sure that people at home can always contact me if they need to? |  |
| How would I contact people at home if I need to? |  |
| What would I do if I ran out of credit or my phone died? |  |
| Who would I contact if I need help? |  |
| What numbers might I need to keep safe? And where could I store these? |  |

**Session 5 - Activity 9 – Device Usage**

|  |  |
| --- | --- |
| If I was going to meet someone I had met online where and how would I do that? |  |
| What would I do if someone made me feel uncomfortable online? Who would I contact? |  |
| What images of me am I happy to send?  |  |
| What images am I unhappy to send? |  |
| What is illegal online usage? |  |

**Session 6 - Activity 2 – YouTube Meditations**

What will I use from the YouTube videos?

**Session 6 - Activity 3 – How Am I Going To Make A Change**

|  |  |
| --- | --- |
| Travelling |  |
| Using Substances/Alcohol |  |
| People At Home |  |
| Device Usage |  |
| Where Am I? |  |
| What Am I Doing? |  |
| Peers |  |