

Strengthening Parental Relationships,

Hampshire's Reducing Parental Conflict offer

We are launching the new Strengthening Parental Relationships online toolkit for professionals and parents and carers on 27th April 2023 to support professionals working with young people and their families in the Hampshire area.

There is strong evidence that conflict between parents/ carers – whether together or separated – can have a significant negative impact on children's mental health and long-term life chances. While all relationships will experience conflict, it is when conflict is frequent, intense and poorly resolved that it can be damaging to children.

The Toolkit provides information and resources to support parents/ carers strengthening their relationships including free courses for parents/ carers, practical tools for professionals and examples of evidence based best practice.

The launch will be held via three Teams Live webinars, *Strengthening Parental Relationships Toolkit Launch*, which are scheduled for Thursday 27th April, at 9.15-10.45, 13.30-15.00 and a twilight session at 6.15-.45pm.

Delegates attending the free launch event will achieve the following learning outcomes:

- An Introduction to the Strengthening Parental Relationships toolkit.
- Understand how this programme will support parents/ carers.
- Find out about the resources available to parents/ carers including digital tools to support practitioners in their work with families.
- Explore how key messages can be disseminated and opportunities for further training



Thursday 27 April 2023

Via Microsoft Teams **Book your place here:**

9.15-10.45

13.30-15.00

18.15-19.45